

# Community Action Plan

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## Age Friendly Sausalito

Presented to City Council by the  
Age Friendly Sausalito Task Force

November 29, 2016



# The Age Friendly Sausalito Task Force

## MEMBERS STEP ONE:

- Sybil Boutilier
- Pat Christopherson
- Ann Heurlin
- Judy Leachman
- Stella Shao
- Tricia Smith (Chair)
- Betsy Stroman

## MEMBERS STEP TWO:

- Hillair Bell
- Sybil Boutilier
- Charles Kaufman
- Stella Shao
- Tricia Smith (Chair)

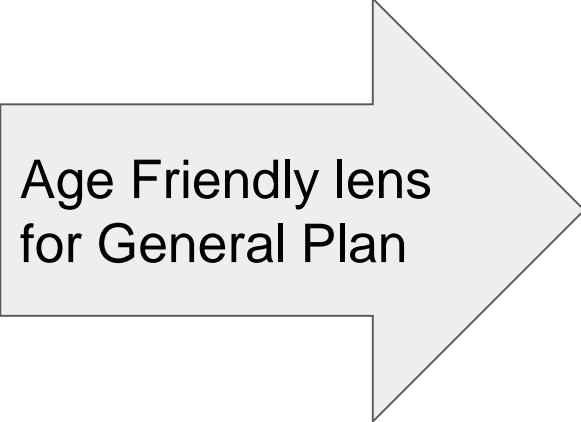
*Special thanks to Mike Langford, Liaison to Age Friendly Sausalito Task Force*

# WHY an Age Friendly Sausalito Plan?

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## Demographics

Our population of older adults outpaces the County and State with 30.1% age 60 or over



Age Friendly lens  
for General Plan

## Vision

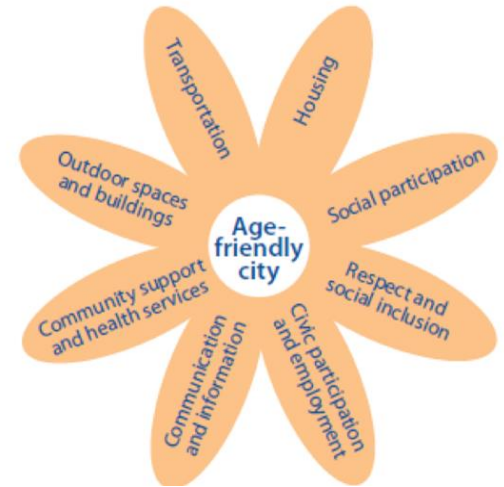
A City that works for everyone of every age and every ability

# Following WHO's Guidelines

**STEP ONE :** Assess the age friendly needs and gaps in the City based on domains of livability

**STEP TWO:** Create a 3-year Community Action Plan

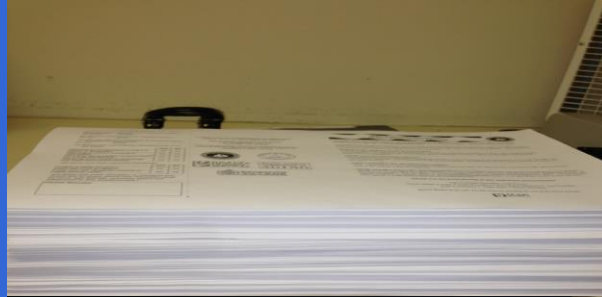
**STEP THREE:** Implement, Monitor and Evaluate



## STEP ONE: Baseline Assessment

Survey mailed to  
2400 residents 55  
and older

50% rate of return  
(1191 residents)



# 2013 Task Force, Survey

**JUNE** City Council approves Age Friendly Sausalito as a budget priority

**JULY** Age Friendly Sausalito Task Force is formed by City Council

**NOVEMBER** Age Friendly survey mailed to residents 55 and older

**DECEMBER** 50% return on surveys

# 2014

## WHO, Data Analysis, Priorities Emerge

- |                 |  |
|-----------------|--|
| <b>FEBRUARY</b> | Sausalito accepted by WHO into the Global Network of Age Friendly Cities and Communities |
| <b>MARCH</b>    | Task Force begins meeting weekly for data analysis                                       |
| <b>JUNE</b>     | Stakeholder interviews begin   |
| <b>AUGUST</b>   | Priorities emerge from data analysis and stakeholders                                    |
| <b>OCTOBER</b>  | City awarded grant from Marin Transit to start CARSS                                     |

**2015**

## **Homesharing, CARSS, Home Modifications**

- JANUARY**      Series of workshops on alternative housing options
- MAY**              CARSS begins to provide rides
- OCTOBER**      Age Friendly Home Modification Workshop



# STEP TWO: Create a Community Action Plan



Based on WHO's  
Domains of Urban  
Living

**2016**

## **Writing the Community Action Plan**

The Task Force completed developing and writing the Community Action Plan for presentation to the City Council and submission to the World Health Organization.

Funding received from Marin Community Foundation and Board of Supervisors to support the effort.

# OUTDOOR SPACES AND BUILDINGS

- Advocate for SAFE WALKWAYS throughout Sausalito
- Advocate for age friendly PARKS

# TRANSPORTATION

- Improve and expand CARSS as needed
- Identify other transportation needs and opportunities

# HOUSING

- Promote policies and programs that enable residents to remain in their homes as they age
- Promote development of additional alternative and affordable housing options for older adults

# SOCIAL PARTICIPATION, RESPECT AND SOCIAL INCLUSION

- Advocate to expand and improve access to City programs
- Collaborate with the local business community to increase their age friendliness
- Engage schools and community organizations to promote local intergenerational programs

# CIVIC PARTICIPATION AND EMPLOYMENT

- Identify or develop a central place for information about paid and unpaid opportunities for older adults
- Promote the value and use of skills, talents and experience of older adults to help generate an age friendly civic and business environment

# COMMUNICATION AND INFORMATION

- Promote and Maintain consistent, centralized and widespread, distribution of information to reach older adults throughout the City
- Maximize the use and adoption of technology
- Understand/respond to communication needs of hard to reach people without digital



# COMMUNITY SUPPORT, HEALTH AND SAFETY

- Identify possible enhancements to emergency communication channels targeting older adults
- Provide information on prevention of health risks such as falls
- Promote activities to increase participation in emergency awareness and preparedness efforts

# HIGHLIGHTS of Early Implementation

- CARSS
- Pedestrian Flag Program
- Age Friendly Home Modification Program
- Housing Options Workshops
- Emergency Planning Workshops

**STEP THREE:  
Implement,  
Monitor and  
Evaluate**

**NEXT PHASE:**

City and Task Force work together to determine the best structures to carry on the implementation, monitoring and evaluation of the Age Friendly Community Action Plan

# VISION for an Age Friendly Sausalito

A City that recognizes the value of all its residents and plans for the full range and variety of needs for every age and phase of life.

We believe this vision will support and sustain a beautiful and livable city in which everyone regardless of age or ability can participate, contribute, and enjoy life in Sausalito.

# Our Request

**To accept the Age Friendly Community Action Plan and take necessary steps for continuing implementation**

