

# Detect & Connect<sup>2</sup>

A Workshop on Mental Health and Dementia Issues in Older Adults

Thursday April 28 • 3:30 - 6:30 pm

When interacting with older adults, learn how to detect behaviors that might reflect mental health or dementia issues, and how to compassionately respond and connect them to resources.

This **FREE** workshop focuses first on Detection, including normal aging vs. abnormal aging behavior. You will gain insight to identify symptoms and observable behaviors. The workshop then focuses on Connection, including responding in the moment to the observable behavior with empathy and compassion, effective communication techniques, and how best to connect the person to appropriate support services.

## Who Should Attend

Community members who regularly support the needs of older adults.

## About Marin Aging Action Initiative

This workshop was created and produced by the members of the Marin Aging Action Initiative Mental Health and Dementia Workgroup. The initiative is a collective effort of over 65 different agencies, grassroots organizations, commissions and neighborhood groups, funded by the County of Marin, and coordinated by MarinSpace. For more information, visit [AgingActionInitiative.org](http://AgingActionInitiative.org).



**REGISTER AT:** [tinyurl.com/detectAPRIL28](https://tinyurl.com/detectAPRIL28)

Registration closes April 22 @ 5pm

<b>When:</b>	April 28, 3:30 - 6:30 pm Please arrive by 3:00 pm to check in
<b>Where:</b>	Whistlestop 930 Tamalpais Ave, San Rafael
<b>Parking:</b>	Whistlestop free parking lot across the street on Tamalpais, metered parking and garages nearby
<b>Public Transit:</b>	Whistlestop is next to Golden Gate Terminal. If eligible for Whistlestop paratransit service, call 415 454-0902 and schedule a ride.
<b>Refreshments:</b>	Light meal provided
<b>Videotaping:</b>	This event will be videotaped for future training and development. You will be asked to either sign a release form or sit in a non-recorded area at check in.

There will be a future Train the Trainer workshop in June (Date TBD). If you would like to be notified about registration for the June workshop, please contact: [support@agingactioninitiative.org](mailto:support@agingactioninitiative.org)

If you have any registration issues, call 415 456-9062.



If you are a person with a disability and require this document in an alternate format (example: Braille, Large Print, Audiotape, CD-ROM), you may request an alternate format document by using the contact information below. If you require an accommodation (example: ASL Interpreter, reader, note taker) to participate in any county program, service or activity, you may request an accommodation by calling (415) 473-4381 (Voice) / (415) 473-3232 (TTY) or by e-mail at: [disabilityaccess@marincounty.org](mailto:disabilityaccess@marincounty.org) not less than four work days in advance of the event.

For more information about this event or the Aging Action Initiative please contact [support@agingactioninitiative.org](mailto:support@agingactioninitiative.org)